Whatcha Going to Say?

You have just completed your study of early detection in Healthful Living class. As you leave the class one of your classmates makes the statement in the left-hand column. What do you say back to correct his or her misconception? [Fill in the right-hand column with well-educated responses.]

Classmate's Comment about Lesson	Your Response to Encourage Healthy Habits
"I'm too young to get cancer. I won't need to practice self-examination until I'm in my 40s or 50s."	
"No way I'm going to do self-exam. That's gross!"	
"There's no history of skin cancer in my family. I don't need to check my moles."	
"I don't have time and I don't know how. Besides, my doctor will notice if something is really wrong."	