**Items Needed for Notebook Check**

1. Policies and Procedures
2. Health Triangle Notes
3. Health Triangle Reflection
4. Getting Acquainted with Health
5. The Decision Making Model
6. Take Control
7. Organ Donation Quiz
8. Organ Donor Letter
9. Share Your Decision
10. Primary, Secondary, Tertiary Control Notes
11. Seven Warning Signs of Cancer
12. Whatcha Gonna Say?
13. Guided Note Taking: Chronic Diseases
14. Chronic Disease Diary
15. How Sleepy Are You?
16. Sleep Inventory
17. Are You At Risk?
18. Think Before You Ink
19. Body Art/Piercing Notes
20. Body Art Interview
21. Perceived vs. Actual Risks ATVs/Motorcycles
22. First Aid Notes
23. What’s Going On Here
24. All of Your Bellwork