

Assess the Risks

In your groups, answer the following questions about your selected health behavior.



Behavior:

What trends did you find?

Were you surprised? Why or why not.

What do you think influences a person's decision to engage in this behavior?
(Consider both positive and negative.)

How might the media and popular culture influence one's decision to engage in this behavior? (Consider both positive and negative.)

List some specific examples of movies, TV shows, advertisements that promote or deter from this behaviors.